


2025 WEEK #9 I HUMAN CASE (CLASS 6512)

30 YEAR OLD FEMALE REASON FOR ENCOUNTER: NECK PAIN STUDY CASE SOLUTION UPDATED



i-Human Case Week #9

30 y/o
5' 5" (165 cm)
120.0 lb (54.5 kg)

Reason for encounter
Neck pain

Case Instructions

H&P+Dx CASE PLAY SETUP AND INSTRUCTIONS

MODE:

This assignment is in Learning Mode. Feedback appears after submitting each section, and a final performance overview is generated after completing the case.

Case authored by: i-Human Patients Academic Team



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| ● | HPI | What are the events surrounding the start of your neck pain? | corners of their mouths. So my neck might have already been a little sore from that. But I also told my husband I wanted to spend a few nights at my parents to take Mom to her next cardiology appointment. He got so mad, saying I'm spending too much time with them. We argued for a bit and then he just lunged at my neck. He grabbed it with one hand and just held me there for 30 seconds. I could see the wall clock over his shoulder. |
| ● | HPI | Does anything make your neck pain better or worse? | It's just achy sore. I can work but it's uncomfortable trying to clean teeth with all that pressure on my neck. I feel like it shouldn't be so tender still. |
| ● | HPI | Where more precisely is your neck pain? | In the front and a little on the side, kind of where he put his hand. |
| ● | Symptom | Have you had any trauma to your head? | Kind of....maybe. Not to my head but my neck. I've worked extra hours at work over the last week and so I've been using my neck a lot. I'm a dental hygienist and always am bending over patients to look into the corners of their mouths. So my neck might have already been a little sore from that. But I also told my husband I wanted to spend a few nights at my parents to take Mom to her next cardiology appointment. He got so mad, saying I'm spending too much time with them. We argued for a bit and then he just lunged at my neck. He grabbed it with |

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| ✗ | SH | Have you ever experienced an event that was frightening, horrible, or traumatic? | Yes. The arguments with my husband have been pretty frightening. Initially, he just threatened to leave or change the locks when I was out of town but then he broke my great-grandmother's mantle clock right in front of me, and two days ago...well...that's when he grabbed my neck with one hand and just held me there for 30 seconds. But he's been going through a lot at work. He's not normally like that. |
| ✗ | SH | Is your partner jealous toward you or controlling of you? | I don't know that he is really jealous of me but he definitely likes to be the man of the house. When he started having some issues at work with his boss a few months back, he combined our bank accounts and put me on a budget to keep control of our finances. I know he's scared he might lose his job. That's probably why he hates doing the household chores when I'm at my parents...it probably feels like a second job. He's been clear that he hates doing "girl stuff" like vacuuming, laundry, and grocery shopping. |
| ✗ | SH | Do you feel safe at home? | I guess so. Things have definitely gotten more physical recently. But I really think it's just because Eric is so stressed about his job and worried about us. I think the recent argument was just a random occurrence and won't happen again...at least I hope so. |
| ● | Symptom | Do you have a problem with fatigue/tiredness? | Yeah, that actually has been a problem for me recently. |
| ● | HPI | When did your fatigue/tiredness start? | Probably about 6 weeks ago. That seems to be when everything got worse. |
| ● | HPI | Does anything make your fatigue/tiredness better or worse? | Waking up at night certainly makes it worse. Sometimes a cup of coffee will help but only for an hour or so. |
| | | | I'm fine when I'm at work but around the house I just feel...ummm. You know, on |

