

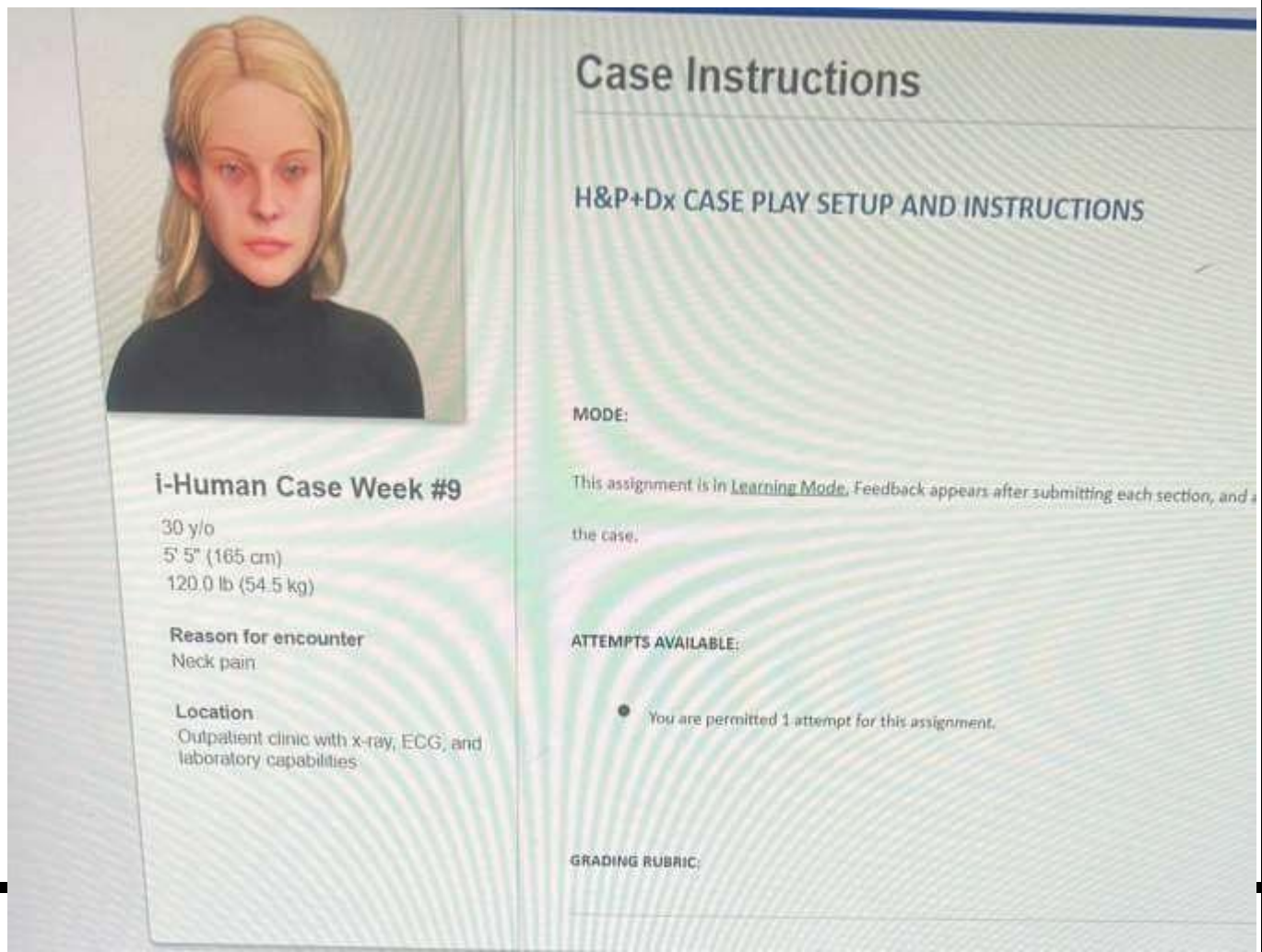
WEEK #9 CASE STUDY 30 YEAR OLD PATIENT (WOMEN)

REASON FOR ENCOUNTER;NECK PAIN (CLASS 6512

)LOCATION,OUTPATIENTCLINIC WITH X RAY ,ECG AND

LABORATORY CAPABILITIES ACTUAL SCREENSHOT LATEST

CASE 2025.



i-Human Case Week #9

30 y/o
5' 5" (165 cm)
120.0 lb (54.5 kg)

Reason for encounter
Neck pain

Location
Outpatient clinic with x-ray, ECG, and laboratory capabilities

Case Instructions

H&P+Dx CASE PLAY SETUP AND INSTRUCTIONS

MODE:

This assignment is in Learning Mode. Feedback appears after submitting each section, and at the end of the case.

ATTEMPTS AVAILABLE:

- You are permitted 1 attempt for this assignment.

GRADING RUBRIC:

Questions – yields 94% (full credit per rubric)

1	How can I help you today?	I am here to find out why I am having this pain.
2	Do you have any other symptoms or concerns we should discuss?	Not that I can think of. Frankly, all I can think about is getting some relief from this pain.
3	Where more precisely is the pain in your back?	The center of my lower back.
4	What are the events surrounding the start of your back pain?	I noticed it all of a sudden. I can't recall anything that brought it on.
5	Does anything make the pain in your back better or worse?	It is worse with lifting anything or moving. It's also painful to walk. Moving in general is uncomfortable. It feels a little better when I lie on my back.
6	Do you have any allergies?	I don't know of any
7	Are you taking any prescription medications?	I always bring my list with me.... Lisinopril 20 mg a day, the water pill hydrochlorothiazide, 25 mg per day, and simvastatin 40 mg a day.

Identifying Information:

- **Age:** 30 years
- **Gender:** Female
- **Height:** 5'5" (165 cm)
- **Weight:** 120.0 lb (54.5 kg)

Chief Complaint (CC):

"I have neck pain."

History of Present Illness (HPI):

The patient presents with neck pain that began 3 days ago. Details provided include:

- **Onset:** Gradual onset of symptoms without any specific injury or trauma.
- **Location:** Pain is localized to the posterior neck and radiates slightly to the upper shoulders.
- **Quality:** Described as a dull, aching sensation with intermittent sharp pain during certain movements.
- **Severity:** Rates the pain as 5/10 at rest, increasing to 7/10 with movement.
- **Timing:** Pain is constant but worsens with prolonged sitting or head movements.
- **Exacerbating Factors:** Looking down, twisting the neck, and prolonged computer work.
- **Relieving Factors:** Over-the-counter ibuprofen provides temporary relief; applying heat also helps.

- **Associated Symptoms:** Reports mild stiffness and occasional headaches. No numbness, tingling, or weakness in the arms or hands.

Past Medical History (PMH):

- No prior history of significant neck pain, trauma, or musculoskeletal conditions.
- No known chronic illnesses.

Medications:

- Ibuprofen 400 mg as needed for pain (taken twice daily for the past 3 days).

Allergies:

- None known.

Family History (FH):

- No family history of rheumatoid arthritis, osteoporosis, or spinal disorders.

Social History (SH):

- Occupation: Office worker, spends long hours at a desk.