

# NURS 351 MIDTERM EXAM NEWEST 2025 ACTUAL EXAM COMPLETE 100 QUESTIONS AND CORRECT DETAILED ANSWERS (VERIFIED ANSWERS) IALREADY GRADED A+IBRAND NEW VERSION!!

 Save

## Terms in this set (631)

Milieu Therapy	Therapeutic environment promoting healing and coping.
Safety	Preventing harm to patients and others.
Structure	Predictable routine with scheduled activities.
Support	Encouragement from staff and peers.
Socialization	Promotes interpersonal skills and emotional expression.
Limit Setting	Clear rules to maintain a secure environment.
Therapeutic Communication	Active listening and validation to support patients.
De-escalation Techniques	Interventions to manage early signs of agitation.
Environmental Modifications	Adjustments to reduce risks and overstimulation.
Patient Participation	Involvement in decision-making and daily activities.

Interdisciplinary Collaboration	Teamwork among healthcare professionals for treatment.
Nursing Role	Monitor safety and encourage structured activities.
Autonomy	Client's right to make informed care decisions.
Beneficence	Acting in the client's best interest.
Nonmaleficence	Avoiding actions that cause harm.
Justice	Fair treatment regardless of background.
Fidelity	Maintaining trust and professional boundaries.
Veracity	Providing truthful information to clients.
Involuntary Commitment	Providing care when clients are a danger.
Bonus Question	Extra credit question in the exam.
Exam Duration	75 minutes to complete the midterm exam.
Total Questions	50 questions plus 1 bonus question.
Therapeutic Activities	Structured activities to promote healing.
Coping Mechanisms	Strategies to manage stress and emotions.
Risk Assessment	Evaluating potential risks to patient safety.
Medication Adherence	Following prescribed medication regimens.
Therapeutic Touch	Physical contact to provide comfort and support.
Active Listening	Fully concentrating on what is being said.
Duty to Warn	Notify potential victims of credible threats from clients.
Restraints	Last resort for safety; requires monitoring and documentation.
Seclusion	Isolation used to ensure immediate safety of clients.
Psychiatric Advance Directives (PADs)	Client preferences for future mental health treatment.

Cultural Competence	Respecting cultural beliefs impacting treatment choices.
Mental Health Parity Act	Equal insurance coverage for mental health and physical health.
HIPAA	Protects patient privacy and confidentiality of records.
Tarasoff Ruling	Allows breach of confidentiality for serious threats.
Americans with Disabilities Act (ADA)	Prevents discrimination against individuals with mental disorders.
Patient Self-Determination Act (PSDA)	Clients can make advance directives for treatment.
Involuntary Commitment	Legal process for treating clients posing danger to self.
Emergency Commitment	Temporary hold for crisis stabilization, usually 48-72 hours.
Civil Commitment	Court-mandated long-term treatment with judicial review.
Informed Consent	Clients can refuse treatment unless legally incompetent.
Legal Guardian	Makes decisions for clients deemed incompetent by court.
Continuous Monitoring	Required during use of restraints or seclusion.
Least Restrictive Measures	Attempt verbal de-escalation before restraints or seclusion.
Rights of Psychiatric Patients	Humane treatment and freedom from abuse guaranteed.
Access to Records	Patients can request corrections to personal records.
Refusal of Medication	Patients can refuse unless in emergencies or court-ordered.

Mandated Reporting Laws	Report abuse cases despite client confidentiality requests.
Advocacy	Nurses advocate for client rights and safety.
Documentation	Thorough records required for restraints and involuntary commitment.
Client Education	Inform clients of their legal rights regarding treatment.
CMS Standards	Regulates use of restraints for immediate physical safety.
Behavioral Safety	Restraints must end when safe behavior is restored.
Legal Implications	Understanding laws essential for ethical mental health care.
Joint Commission Regulations	Guidelines for safe use of restraints and seclusion.
Physician Order	Required for restraint application and renewal.
Restraint Renewal Frequency	Adults: every 4 hours; adolescents: every 2 hours; children: every 1 hour.
Continuous Monitoring	Necessary during seclusion and physical restraints.
TJC Standards	Guidelines for safe restraint and seclusion practices.
Prohibition of Punishment	Restraints must not be used for punishment or convenience.
Least Restrictive Method	Attempt verbal de-escalation before restraints.
Face-to-Face Evaluation	Provider evaluation required within 1 hour of restraint.
Annual Staff Training	Mandatory training on safe restraint use.
Trauma-Informed Care	APNA advocates minimizing restraint use.
Crisis Prevention Strategies	Encourages early intervention to prevent crises.
Debriefing Importance	Essential after incidents for learning and improvement.