

Mental Health Comprehensive Exam (Fall 2024) questions and answers A+ score assured

A male client is admitted to the mental health unit because he was feeling depressed about the loss of his wife and job. The client has a history of alcohol dependency and admits that he was drinking alcohol 12 hours ago. Vitals are: temperature 100F, pulse 100, and BP 142/100. The nurse plans to give the client lorazepam (Ativan) based on which priority nursing diagnosis?

- A. Risk for injury related to suicidal ideation.
- B. Risk of injury related to alcohol detoxification.
- C. Knowledge deficit related to ineffective coping.
- D. Health seeking behaviors related to personal crisis. - ✓✓ANSW✓✓Risk for injury related to alcohol detoxification.

An elderly client with advanced dementia is admitted to the hospital with a fractured hip. The client repeatedly tells the staff, "take me home. I want my Mommy." Which response is best for the nurse to provide

- A. Orient the client to the tie, place, and person.
- B. Tell the client that the nurse is there and will help her.
- C. Remind the client that her mother is no longer living.
- D. Explain the seriousness of her injury and need for hospitalization. - ✓✓ANSW✓✓Tell the client that the nurse is there and will help her

When preparing a teaching plan for a client who is to be discharged with a prescription for lithium carbonate (Lithonate). It is most important for the nurse to include which instructions.

- A. "It may take 3 to 4 weeks to achieve therapeutic effects."
- B. "Keep our dietary salt intake consistent."
- C. "Avoid eating aged cheese and chicken liver."
- D. "Eat foods high in fiber such as whole grain breads." - ✓✓ANSW✓✓Keep your dietary salt intake consistent

The nurse is preparing to administer phenelzine sulfate (Nardil) to a client on the psychiatric unit. Which complaint related to administration of this drug would the nurse expect this client to make?

- A. "My mouth feels like cotton."
- B. "That stuff gives me indigestion."
- C. "This pill gives me diarrhea."
- D. "My urine looks pink." - ✓✓ANSW✓✓My mouth feels like cotton

A client receiving substitution therapy during withdrawal from benzodiazepines. Which expected outcome statement has the highest priority when planning nursing care?

- A. Client will not demonstrate cross-addiction.
- B. Co-dependent behaviors will be decreased.
- C. Excessive CNS stimulation will be reduced.
- D. Client's level of consciousness will increase. - ✓✓ANSW✓✓Excessive CNS stimulation will be reduced

A client who is known to abuse drugs is admitted to the psychiatric unit. which medication should the nurse anticipate administering to a client who is exhibiting benzodiazepine withdrawal symptoms?

- A. Perphenazine (Trilafon)
- B. Diphenhydramine (Benadryl)
- C. Chlordiazepoxide (Librium)
- D. Isocarboxazid (Marplan) - ✓✓ANSW✓✓Chlordiazepoxide (Librium)

A 22-year-old male client is admitted to the emergency center following a suicide attempt. His records reveal that this is his third suicide attempt in the past two years. He is conscious but does not respond to verbal commands for treatment. Which assessment finding should prompt the nurse to prepare the client for gastric lavage?

- A. He ingested the drug 3 hours prior to admission to the emergency center.
- B. The family reports that he took an entire bottle of acetaminophen (Tylenol).
- C. He is unresponsive to instructions and is unable to cooperate with emetic therapy.
- D. Those with repeated suicide attempts desire punishment to relieve their guilt. - ✓✓ANSW✓✓He is unresponsive to instructions and is unable to cooperate with emetic therapy

A 72-year-old female is admitted to the psychiatric unit with a diagnosis of major depression. Which statement by the client should be of greatest concern to the nurse and require further assessment?

- A. "I will die if my cat dies."
- B. "I don't feel like eating this morning."
- C. "I just went to my friend's funeral."
- D. "Don't yo have more important things to do?" - ✓✓ANSW✓✓"I will die If my cat dies."

A 19-year-old female client with diagnosis anorexia nervosa wants to help serve dinner trays to other clients on a psychiatric unit. Which action should the nurse take?

- A. Encourage the client self-motivation by asking her to pass trays for the rest of the week.
 - B. Provide an additional challenge by asking the client to help feed the older clients.
 - C. Suggest another way for this client to participate in the unit's activities.
 - D. Tell the client that hospital guidelines allow only staff to pass the trays. -
- ✓✓ANSW✓✓Suggest another way for this client to participate in the unit activities

At the first meeting of a group of older adults at a daycare center for the elderly, the nurse asks one of the members what kind of things she would like to do with the group. The older woman shrugs her shoulders and says, "You tell me, you're the leader". What is the best response for the nurse to make?

- A. "Yes I am the leader today. Would you like to be the leader tomorrow."
 - B. "Yes, I will be leading this group. What would you like to accomplish during this time."
 - C. "Yes, I have been assigned to be the leader of this group. I will be here for the next 6 weeks."
 - D. "Yes, I am the leader. You seem angry about not being the leader yourself." -
- ✓✓ANSW✓✓B. "Yes. I will be leading this group. What would you like to accomplish during this time?"

Over a period of several weeks, one male participant of a socialization group at a community daycare center for the elderly monopolizes most of the group's time and interrupts others when they are talking. What is the best action for the nurse to take in this situation.

- A. Talk to the client outside the group about his behavior during group meetings.
- B. Remind the client to allow others in the group a chance to talk
- C. Allow the group to handle the problem
- D. Ask the client to join another group - ✓✓ANSW✓✓Allow the group to handle the problem

An 86-year-old female client with Alzheimer's disease is wandering the busy halls of the extended care facility and asks the nurse, "Where should I stand for the parade?" Which response is best for the nurse to provide?

- A. Anywhere you want to stand as long as you don't get hurt by those in the parade
 - B. You are confused because of all the activity in the hall. There is no parade
 - C. Let's go back to the activity room and see what's going on in there
 - D. Remember I told you that this is a nursing home and I am your nurse -
- ✓✓ANSW✓✓"Let's go back to the activity room and see what's going on in there"

Physical examination of a 6 year old reveals several bite marks in various locations on his body. X-ray examination revealed healed fractures of the ribs. The mother tells the nurse that her child is always having accidents. Which initial response by the nurse is most important.

- A. I need to inform the health care provider about your child's tendency to be accident prone.
- B. Tell me more specifically about your child's accidents
- C. I must report these injuries to the authorities because they do not seem accidental.
- D. Boys this age always to require more supervision and can be quite accident prone. - ✓✓ANSW✓✓"Tell me more specifically about your child's accidents."

A child is brought to the emergency room with a broken arm. Because of these injuries, the nurse suspects the child may be a victim of abuse. When the nurse tries to give the child an injection, the child mother becomes very loud and shouts."I won't leave my son! Don't you touch him! You'll hurt my child." What is the best interpretation of the mother's statement? The mother is

- A. Regressing to an earlier behavior pattern
- B. Sublimating her anger
- C. Projecting her feelings onto the nurse
- D. Suppressing her fear - ✓✓ANSW✓✓Projecting her feelings onto the nurse

A 38-year-old female client is admitted with a diagnosis of paranoid schizophrenia. When her tray is brought to her, she refuses to eat and tells the nurse. "i know you are trying to poison me with food." Which response would be most important for the nurse to make?

- A. I'll leave your tray here. I am available if you need anything else
- B. You are not being poisoned. Why do you think someone is trying to poison you
- C. No one on this unit has ever died from poisoning. You are safe here.
- D. I will talk to your healthcare provider about the possibility of changing your diet - ✓✓ANSW✓✓I'll leave your tray here. I am available if you need anything else.

A 25-year-old female client has been particularly restless and the nurse finds her trying to leave the psychiatric unit. She tells the nurse "Please let me go I must leave because the secret police are after me." which is best for the nurse to make?

- A. No one is after you. You are safe here
- B. You will feel better after you have rested
- C. I know you must feel lonely and frightened
- D. Come with me to your room and I will sit with you - ✓✓ANSW✓✓Come with me to your room and I will sit with you

A 45-year-old male client tells the nurse he used to believe he was Jesus Christ but now he knows he is not. Which response is best for the nurse to make?