

# ADVANCED HEALTH ASSESSMENT- - HEENT

## MIDTERM EXAM NEWEST ACTUAL EXAM 2024

### LATEST

+1 - tonsils are visible

+2 - tonsils are midway between pillars and uvula (50% obstruction)

+3 - tonsils touch the uvula (70%)

+4 tonsils touch each other (>75%) - ✓✓ANSWER✓✓Tonsils grading

10 - ✓✓ANSWER✓✓Total sites for lymph nodes on the neck

1cm - ✓✓ANSWER✓✓If a lymph node is greater than \_\_\_ you should be concerned

8 - ✓✓ANSWER✓✓Children do not have frontal sinuses until age

Abnormal findings of head/neck - ✓✓ANSWER✓✓parotiditis

sialoadnitis

mulinodular goiter

single thyroid nodule

diffuse enlargement of the thyroid

Abnormal findings of mouth/throat - ✓✓ANSWER✓✓angular cheilitis

angioedema

herpes simplex

tonsillitis

Torus palatinus

thrush

leukoplakia

Abnormal findings of tongue - ✓✓ANSWER✓✓fissured tongue

geographic tongue

aphthous ulcer

hairy leukoplakia

strawberry tongue

Abnormal nasal findings: - ✓✓ANSWER✓✓polyps

nasal obstruction

rhinitis

sinusitis

Acute otitis media - ✓✓ANSWER✓✓loss of light reflex and bony landmarks, redness, bulging, and loss of mobility on insufflation

Anisocoria - ✓✓ANSWER✓✓Pupils of unequal size

Associated with some sort of greater disease process

\*cancers - ✓✓ANSWER✓✓If you feel the supraclavicular nodes (palpable)

Auricle and external ear canal

Angle of attachment and position - if greater than 15 degrees, associated with mental retardation

Size, shape, symmetry

Darwinian tubercle

Drainage - clear, blood, or purulent

Consistency and tenderness

Palpate Tragus, mastoid and helix for tenderness - ✓✓ANSWER✓✓ Inspection and palpation of external ear

Bacterial conjunctivitis

Miosis (small fixed pupil)

Jaundice

Hordeolum (style)

Cataracts

Copper wiring

Glaucoma

Exophthalmos

Fixed and dilated - ✓✓ANSWER✓✓ Ophthalmic exam findings

Blue-white or pale nasal mucous membrane - ✓✓ANSWER✓✓ allergic

Canals clear

TM's intact with good cone of light

Acuity good to whispered voice - ✓✓ANSWER✓✓ Physical exam documentation: ears

CN X - ✓✓ANSWER✓✓ Vagus nerve

CN XII Hypoglossal - ✓✓ANSWER✓✓ Tongue-- ability to stick out tongue

Color

Condition

Lesions

\*look at gums - discolored gums can give an indication or white gums - ✓✓ANSWER✓✓Inspection of the oral mucosa

Color

Condition

Lesions

Intactness - ✓✓ANSWER✓✓Inspection of the hard/soft palate

Color

Exudates

Enlargement - ✓✓ANSWER✓✓Inspection of the tonsils

Color

Lesions

Breath odor

Purse-lip - ✓✓ANSWER✓✓Inspection of the lips

Color

Number

Condition

Caries

Occlusion - ✓✓ANSWER✓✓Inspection of the teeth

Color

Size